



Personal Task Management in Academia

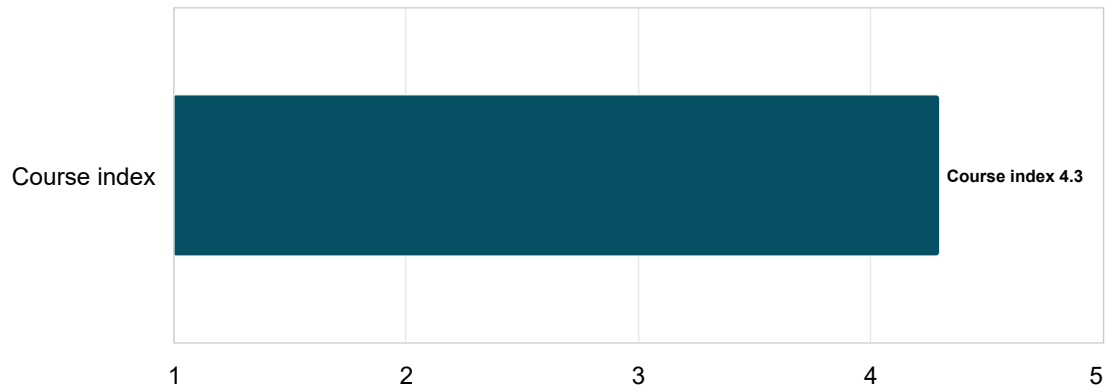
Respondents: 12

Answer Count: 9

Answer Frequency: 75.00%

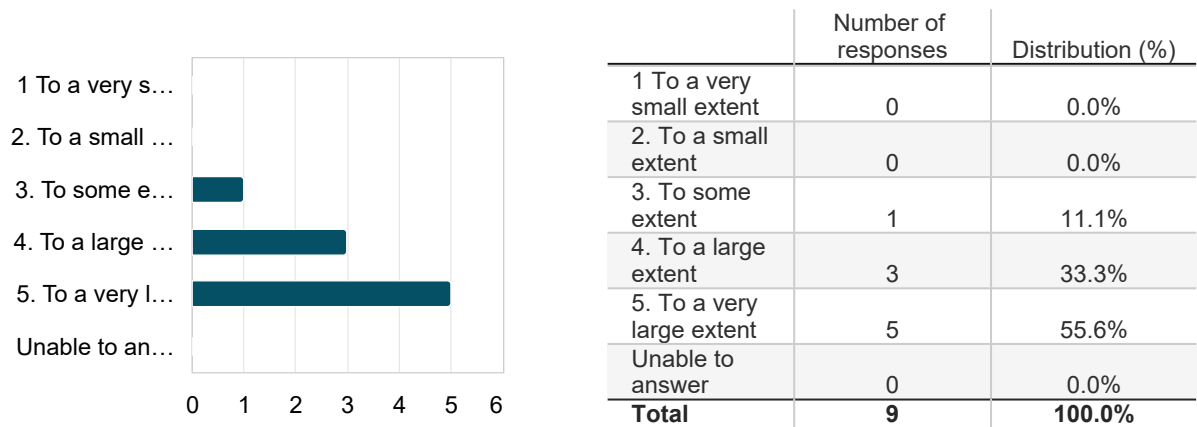
Course index

(Scale 1-5)



Content

The course content has been valuable and supportive for my PhD studies.

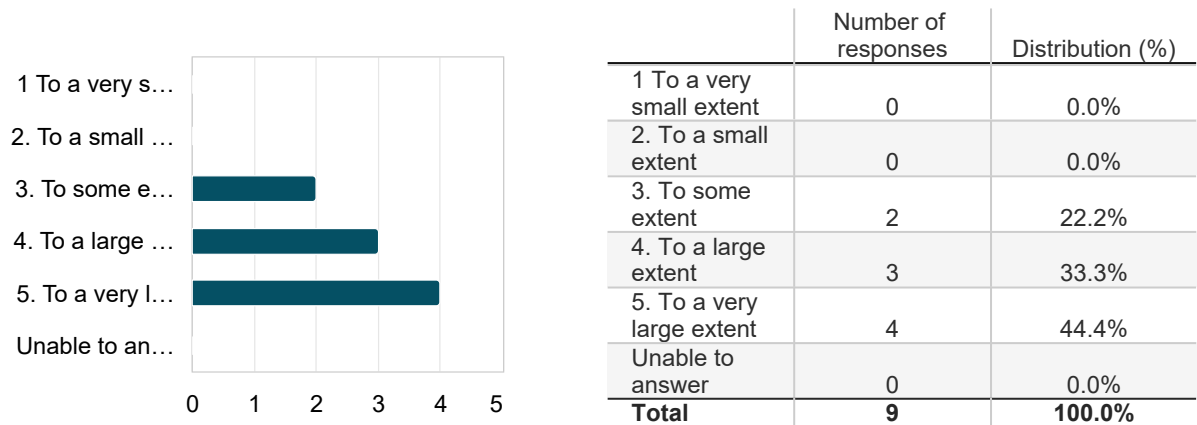


Mean	Standard Deviation	Median
4.4	0.7	5.0

Comments - course content

Really good course content for a student who has multiple tasks in parallel.

During the course, I have developed valuable expertise/skills.



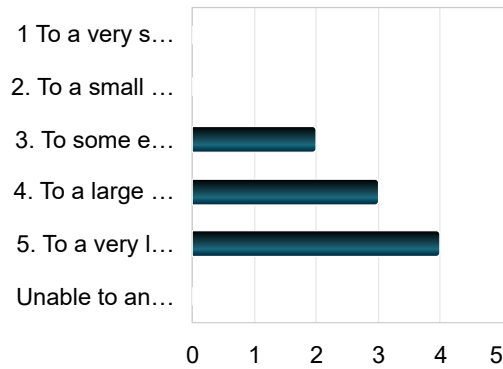
Mean	Median
4.2	4.0

Comments - skills

Capture all tasks in my daily life, and keep my head empty with lower stress.
Break down tasks into small ones that can be executed in a reasonable time slot based on my habits.

Structure and design

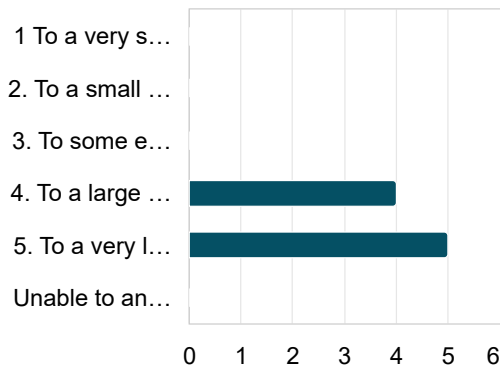
The structure and design of the course have been valuable and supportive for my PhD studies.



	Number of responses	Distribution (%)
1 To a very small extent	0	0.0%
2. To a small extent	0	0.0%
3. To some extent	2	22.2%
4. To a large extent	3	33.3%
5. To a very large extent	4	44.4%
Unable to answer	0	0.0%
Total	9	100.0%

	Mean	Standard Deviation	Median
	4.2	0.8	4.0

From my perspective the workload was reasonable in relation to the number of credits.

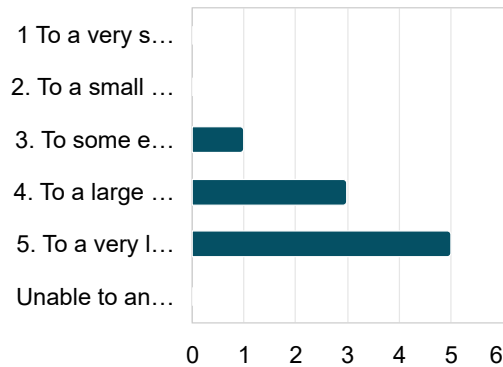


	Number of responses	Distribution (%)
1 To a very small extent	0	0.0%
2. To a small extent	0	0.0%
3. To some extent	0	0.0%
4. To a large extent	4	44.4%
5. To a very large extent	5	55.6%
Unable to answer	0	0.0%
Total	9	100.0%

	Mean	Standard Deviation	Median
	4.6	0.5	5.0

Seminars and teaching support

The seminars and teaching support have been supportive for me to reach the course objectives in the course.



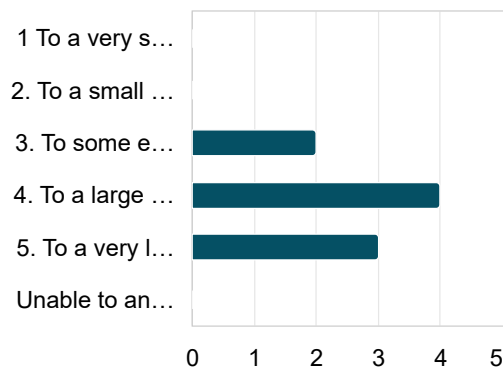
	Number of responses	Distribution (%)
1 To a very small extent	0	0.0%
2. To a small extent	0	0.0%
3. To some extent	1	11.1%
4. To a large extent	3	33.3%
5. To a very large extent	5	55.6%
Unable to answer	0	0.0%
Total	9	100.0%

Mean	Standard Deviation	Median
4.4	0.7	5.0

Comments - seminars and teaching

Mixed both onsite and online seminars are really great.

I have received relevant feedback during the course.



	Number of responses	Distribution (%)
1 To a very small extent	0	0.0%
2. To a small extent	0	0.0%
3. To some extent	2	22.2%
4. To a large extent	4	44.4%
5. To a very large extent	3	33.3%
Unable to answer	0	0.0%
Total	9	100.0%

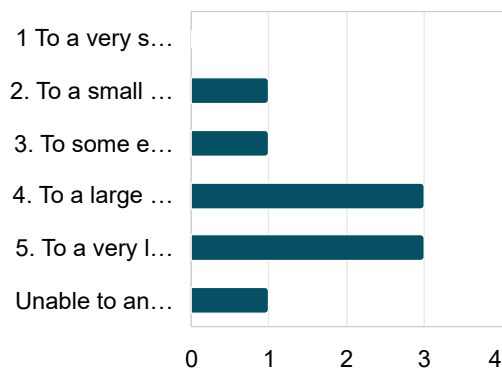
	Mean	Standard Deviation	Median
	4.1	0.8	4.0

Comments - feedback

Good comments and feedback from the course responsible.

Examination

The examination has given me the possibility to demonstrate that I have reached the course objectives.

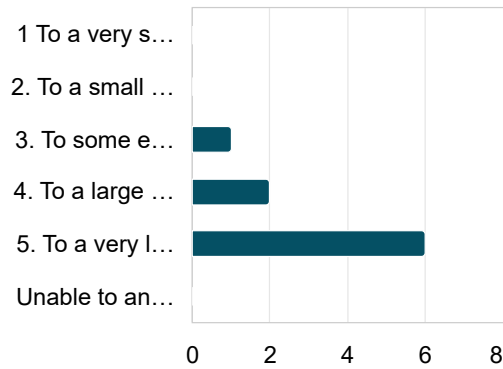


	Number of responses	Distribution (%)
1 To a very small extent	0	0.0%
2. To a small extent	1	11.1%
3. To some extent	1	11.1%
4. To a large extent	3	33.3%
5. To a very large extent	3	33.3%
Unable to answer	1	11.1%
Total	9	100.0%

	Mean	Standard Deviation	Median
	4.0	1.1	4.0

Participation

I have participated in the activities and discussions that have been offered in the course, and I have taken responsibility for my learning.



	Number of responses	Distribution (%)
1 To a very small extent	0	0.0%
2. To a small extent	0	0.0%
3. To some extent	1	11.1%
4. To a large extent	2	22.2%
5. To a very large extent	6	66.7%
Unable to answer	0	0.0%
Total	9	100.0%

	Mean	Standard Deviation	Median
	4.6	0.7	5.0

Development

What parts of the course were most valuable to you?

What parts of the course were most valuable to you?

others' experiences and their setup

Seeing that everyone struggles.

Feedback, discussions, lecture + guest lectures

Familiarity with GTD in overall and capturing tasks

Seeing solutions and approaches of others (seniors and PhD students)

- the introduction to the GTD method

- the initial discussion about the different setups

- the guest-lectures

The most valuable part for me was that I could decide which setup I would establish to incorporate the "Getting Things Done"(GTD) concepts into my working routine.

Get things done, tooling aspect.

The DEMO from both the course teacher and invited guests is super useful in my view.

What changes would you like to be made to improve the quality of the course?

What changes would you like to be made to improve the quality of the course?

I think it is better to use a common toll for GTD deployment and then have reflection on it.

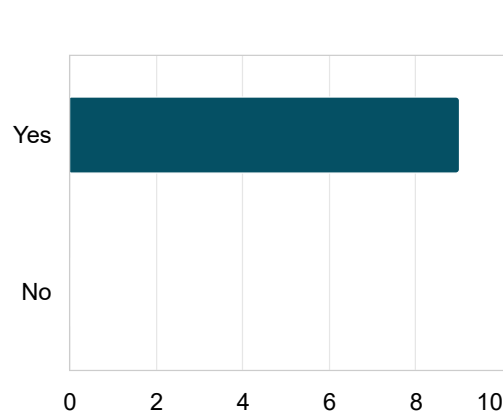
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Smaller groups, or more time constraint-inputs by students. In the last meeting I felt like my time was wasted by people reporting on their experiences with no value for others (e.g. my setup had bug XYZ, when no one else used that setup)

If the goal is to improve well-being. Maybe also more openly discuss well being directly and how to develop the routine with practical tips or stories.

One of the best courses.

Would you recommend this course to others enrolled in doctoral education?



	Number of responses	Distribution (%)
Yes	9	100.0%
No	0	0.0%
Total	9	100.0%

Comments

Especially for those students who are in stress mode.

All in all a great course!

Do you have any wishes for future PhD courses in any area that could be given for PhD students at BTH?

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prompt engineering

Communication skills.

Stress can be mitigated through this course. Communication skills are helpful when there are problems under stress.

The best success for all PhD student.